PRUEBA DE ACCESO Y ADMISIÓN A LA UNIVERSIDAD

LENGUA EXTRANJERA (Inglés)

CURSO 2017-2018

Instrucciones:

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a) Duración: 1 h.30m. b) No se permite el uso de diccionario. c) La puntuación está indicada en las preguntas. d) Se debe realizar una de las dos opciones A o B completa, sin mezclar las respuestas.

OPTION A: **ORTHOREXIA**

Orthorexia can be defined as the obsession with eating healthily. While the term is becoming widely used, this obsession has not been recognised as a clinical disorder yet. This is because orthorexia is one of the hardest conditions to diagnose. especially now that the interest in wellness has increased and the number of "health influencers" in social media is rising.

Individuals with orthorexia believe that "eating clean" will result in a "pure" body and endless health. However, what starts as a way of trying to improve yourself can result in a severe eating disorder. People start to restrict certain food groups with the best of intentions but often end up eliminating nutrients that are vital for health.

Orthorexia is difficult to diagnose. Some signs you may observe include feeling a severe anxiety about how food is prepared, or avoiding social events where food is present for fear of not being able to follow a diet. It is important to stay alert if these signs are observed, since orthorexia gets worse over time.

Doctors believe that individuals who are most likely to develop orthorexia have a particular personality type. They are often perfectionistic and sensitive. The anxiety about not being "good enough" makes them try to find a way to feel better. In other words, they adopt extreme behaviours and start a diet full of restrictions because they want to reach "perfection". However, there is no specific reason that causes this eating disorder. It is rather the accumulation of a person's experiences, perceptions, and personality type that can create the perfect storm for orthorexia.

I * COMPREHENSION (4 points)

CHOOSE AND WRITE THE CORRECT OPTION (A, B, C or D). (0.5 points each)

- 1. The problem with orthorexia is that...
 - (a) its symptoms are very clear.

 - (c) it affects people who are mostly insensitive.
- 2. Individuals with orthorexia...
 - (a) like going to parties involving food.
 - (c) want to lose weight.

- (b) it can be mistaken for an obsession with hygiene.
- (d) orthorexic people think they are doing the best for their health.
- (b) are obsessed with food composition and elaboration.
- (d) are not worried about following a diet.

ARE THESE STATEMENTS TRUE OR FALSE? JUSTIFY YOUR ANSWERS WITH THE PRECISE WORDS OR PHRASES FROM THE TEXT, OR USE YOUR OWN WORDS. (0.5 points each)

- 3. People with orthorexia confuse a balanced diet with not eating certain food groups.
- 4. Orthorexia is a stable condition.
- 5. Personality is an important factor in the development of this eating disorder.
- 6. People with this eating disorder follow a specific diet because they want to be perfect.
- 7. FIND IN THE TEXT: (0.5 points)
 - 7.1. ONE SYNONYM FOR "purpose" (noun).
 - 7.2. ONE OPPOSITE FOR "moderate" (adjective).
- 8. FIND IN THE TEXT: (0.5 points)
 - 8.1. ONE WORD MEANING "the kind of food that a person or animal habitually eats."
 - 8.2. ONE WORD MEANING "susceptible, easily affected emotionally."

II * USE OF ENGLISH (3 points; 0.5 points each)

- 9. FILL IN THE GAPS WITH A CORRECT FORM OF THE VERB IN BRACKETS:
 - 9.1. "Having a balanced diet involves... (eat) all food groups." 9.2. "She didn't come yesterday. She may... (lose) the address."
- 10. FILL IN THE GAPS WITH THE CORRECT WORD:
 - 10.2. "We are not... (preposition) a hurry. Take your time." 10.1. "Children are very fond... (preposition) junk food."
- 11. TURN THE FOLLOWING SENTENCE INTO THE PASSIVE VOICE: "She hasn't opened the bottle of Californian wine yet."
- 12. REWRITE THE SENTENCE WITHOUT CHANGING ITS MEANING. BEGIN AS INDICATED. "Although Charles has lived in Iceland for ten years, he hasn't got used to cold weather." Despite...
- 13. GIVE A QUESTION FOR THE UNDERLINED WORDS: "My daughter became a vegetarian five years ago."
- 14. COMPLETE THE FOLLOWING (CONDITIONAL) SENTENCE: "If you detected any signs of orthorexia in anybody, you..."

III * WRITING (3 points)

15. WRITE A COMPOSITION OF APPROXIMATELY 120 WORDS ABOUT THE TOPIC PROPOSED AND FOCUS STRICTLY ON IT: Is it important to follow a healthy diet? Discuss.

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OPTION B:

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WONDER WOMAN: FEMINIST ICON OR SYMBOL OF OPPRESSION?

It's been a busy —and controversial— year for Wonder Woman. In October 2016, the United Nations made a curious announcement: Wonder Woman would be their new Ambassador for Women's Empowerment. This was part of a new campaign to achieve gender equality and empower all women and girls by 2030. The announcement, which coincided with Wonder Woman's 75th birthday, was met with a great deal of criticism.

While Wonder Woman has long been a representative of strong, liberated women, her Western appearance, sexualized image and unrealistic beauty don't reflect millions of young women around the world. Feminists criticized the decision. Was the United Nations implying that no real woman could carry out the task? Over 44,000 people signed a petition and Wonder Woman lost her United Nations iob.

However, it's not all bad news for the superheroine. Patty Jenkins' film *Wonder Woman* has already brought in 571 million dollars and is being acclaimed as a "masterpiece of subversive feminism." It is the first time since 1984's *Supergirl* that a female superhero has starred in a film. This woman-directed, woman-led film tells a story of justice, of a character who fights evil forces for the greater good.

In a way, the new *Wonder Woman* brings to light the competing demands placed on women's shoulders today. She must be both inhumanly strong and very of-this-earth sexy. Maybe that's why watching her kicking ass and saving the world is so inspiring, the sort of thing you would want to watch in a theater, surrounded by other women. It's almost like an acknowledgement that you would literally have to be a superhero to meet what's being asked of ordinary women every day.

I * COMPREHENSION (4 points)

CHOOSE AND WRITE THE CORRECT OPTION (A, B, C or D). (0.5 points each)

- 1. The choice of Wonder Woman as United Nations ambassador...
 - (a) was unanimously welcomed. (b) was a reaction to a feminist campaign.
 - (c) will take place in 2030. (d) was aimed at promoting the role of women.
- 2. Wonder Woman cannot represent women all over the world because...
 - (a) of the way she looks.

- (b) of the way she thinks.
- (c) she is a symbol of women's freedom.
- (d) because she is a strong, powerful woman.

ARE THESE STATEMENTS TRUE OR FALSE? JUSTIFY YOUR ANSWERS WITH THE PRECISE WORDS OR PHRASES FROM THE TEXT, OR USE YOUR OWN WORDS. (0.5 points each)

- 3. The film Wonder Woman was an economic success.
- 4. Wonder Woman is not the only film featuring a superheroine.
- 5. According to the author, it is hard to be a woman these days.
- 6. The author criticizes Wonder Woman's use of force.
- 7. FIND IN THE TEXT: (0.5 points)
 - 7.1. ONE OPPOSITE FOR "oppressed" (verb).
 - 7.2. ONE SYNONYM FOR "request" (noun).
- 8. FIND IN THE TEXT: (0.5 points)
 - 8.1. ONE WORD MEANING "make someone stronger and more confident."
 - 8.2. ONE WORD MEANING "a piece of work required to be done as a duty or chore."

II * USE OF ENGLISH (3 points; 0.5 points each)

- 9. FILL IN THE GAPS WITH A CORRECT FORM OF THE VERB IN BRACKETS:
- 9.1. "He decided... (quit) the job."

- 9.2. "She suggested... (go) for a walk together."
- 10. FILL IN THE GAPS WITH THE CORRECT OPTION:
 - 10.1. "These deliveries never arrive... time." at / on / for / during 10.2. "He took... his coat." in / at / over / off
- 11. THERE ARE TWO MISTAKES IN THIS SENTENCE. FIND THE MISTAKES AND REWRITE THE SENTENCE CORRECTLY. "I have never seen nobody as her."
- 12. COMPLETE THE FOLLOWING (CONDITIONAL) SENTENCE: "If I were a superhero, ..."
- 13. TURN THE FOLLOWING SENTENCE INTO THE PASSIVE VOICE: "Where did they film the movie?"
- 14. USE THE WORDS IN THE BOXES TO MAKE A MEANINGFUL SENTENCE. USE ALL AND ONLY THE WORDS IN THE BOXES WITHOUT CHANGING THEIR FORM.

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III * WRITING (3 points)

15. WRITE A COMPOSITION OF APPROXIMATELY 120 WORDS ABOUT THE TOPIC PROPOSED AND FOCUS STRICTLY ON IT: Do you think there is gender equality in our society? Justify your answer.